



## PERSONAL INFORMATION

<b>SURNAME:</b>	Shah
<b>FIRST NAME:</b>	Vitthaldas Nathubhai (Dr. V.N. Shah)
<b>YEAR OF BIRTH:</b>	1958
<b>NATIONALITY:</b>	Indian
<b>CURRENT ADDRESS:</b>	7, Manipushp Society, Surdhara Circle, Ahmedabad -380054
<b>E-MAIL ADDRESS:</b>	<a href="mailto:dr.vnshah@yahoo.co.in">dr.vnshah@yahoo.co.in</a>
<b>MOBILE PHONE:</b>	+ 91-9825067065
<b>FAMILY DETAILS:</b>	<b>Father</b> -Late Dr. N. C Shah (M.B.B.S., 1933) Practiced Homeopathic Medicine. <b>Mother</b> : Late Mrs.Sarswatiben N.Shah was Home Maker <b>Wife</b> : Mrs. Jasmina Shah-D. Pharm Assisting in day to day activities <b>Son</b> : Dr. Vatsal Shah, PhD Pharmaceutical Sciences (USA) . <b>Daughter-in-law</b> : Dr Nidhi Shah, PT, DPT, MS <b>Daughter</b> : Dr. Prachi Shah, BDS

## PROFILE SUMMARY

- **Profession:** Senior Consultant Diabetologist & Endocrinologist
- **Education:** M.D. (Medicine) from KM School of PG Medicine, Ahmedabad, India (1986)  
MBBS from B.J. Medical College, Ahmedabad, India (1983)
- **Current Position:** Business Head, Zydus Hospitals and Healthcare Research Pvt. Ltd, Director of Endocrinology Department
- **Work experience:** 32 years as a Consultant Diabetologist & Endocrinologist.
- **Academic experience:** Keynote speaker, organizer, chairperson and moderator for multitude of educational, research and academic sessions in national and international platforms.
- **Administrative Experience:** Business Head, Zydus Hospitals and Healthcare Research Pvt Ltd

## WORK EXPERIENCE



***Dr. V. N. Shah***

Zydus Hospitals and Healthcare Research Pvt Ltd. Ahmedabad, Gujarat, India

**2006-current**

***Director, Diabetes and Endocrinology***

***Founder Business Head of Hospitals***

- Founded and established 200 bed hospital in Anand, Gujarat 2011
- Founded and established 525 bed hospital in Ahmedabad, Gujarat 2015
- accreditations include: NABH, NABL, Centre for Neurology Excellence,
- Zydus Ahmedabad Hospital awards include: Hospital with Best Working Environment, Best Hospital in Gujarat 2019

Saraswati Diabetes Clinic, Ranna Park, Ahmedabad, Gujarat, India

**1986-2018**

**Founder and Owner**

- Provided patient care to over 50 patients a day for 32 years
- Community service, provided pro bono care to patients with limited resources
- Conducted public education programs to improve health and diabetes related awareness in general public
- Provided Continued Medical Education courses for General Practitioners.

Sterling Hospital, Ahmedabad, Gujarat, India

**2001-2005 (various positions)**

***Co-Founder***

***Director and Senior Consultant in Diabetology & Endocrinology Dept***

***Medical Director***

***Chairman, Medical Executive Committee***

***Director, Clinical Research***

***Chief of Medical Staff***

- Co-founded 290 bed Super Specialty Hospital with various specialties like, Cardiology, Cardiothoracic Surgery, Critical Care, Endocrinology, Neurology, Neurosurgery, Urology, G.I. Surgery.
- Played a key role in developing all the above departments
- Subsequently made Sterling Hospital one of the finest tertiary care center in the Western India.
- Developed Sterling Hospital as an Institute.

Late Dr. R.M. Shah (leading Endocrinologist and Diabetologist), Ahmedabad, Gujarat

**1983-1986**

***Completed post-graduation MD program under his leadership with thesis titled "Cardiovascular Complications in Diabetes" at KM School of PG Medicine***



## CLINICAL RESEARCH EXPERIENCE

1. Therapeutic efficacy and safety of orlistat compared with placebo in obese patients.
2. An International Clinical Study to assess the effect of endothelin receptor antagonist time to doubling of serum creatinine, end stage renal disease or death in patients with type 2 diabetes mellitus and diabetic nephropathy.
3. Two International Clinical Studies of Human insulin inhalation powder in Patients with Type 2 Diabetes Mellitus.
4. An international study to evaluate the Safety, efficacy and to tolerability of the investigational drug in dyslipidemic and overweight patients.
5. A Multicenter, Randomised , Double blind , Placebo Controlled Study to determine the Efficacy and safety of SYR11022 (SYR 322) when used in combination with Metformin in subjects with Type 2 Diabetes.
6. A Multicenter, Randomised , Double blind , Placebo Controlled Study to determine the Efficacy and safety of SYR11022 (SYR 322) when used in combination with Sulfonylureas in subjects with Type 2 Diabetes.
7. A Multicenter, Randomised , Double blind , Placebo Controlled Study to determine the Efficacy and safety of SYR11022 (SYR 322) when used in combination with Thiazolidinediones in subjects with Type 2 Diabetes.
8. A Multicenter, Randomised , Double blind , Placebo Controlled Study to determine the Efficacy and safety of SYR11022 (SYR 322) when used in combination with Insulin in subjects with Type 2 Diabetes.
9. A Multicenter, Randomised , Double blind , Placebo Controlled Study to determine the Efficacy and safety of SYR11022 (SYR 322) when used in combination with Placebo in subjects with Type 2 Diabetes.
10. A Phase 2/3 Randomized, Double Blind, Placebo and Active comparator – controlled, parallel group multicenter study to determine the safety and efficacy of MBX – 102 in the treatment of Type 2 diabetes in patients sub optimally controlled on Insulin.
11. Effect and safety of semaglutide 2.4 mg once-weekly in subjects with overweight or obesity and type 2 diabetes.
12. A multi-centre prospective, non-interventional study of ability and willingness to pay for BIAsp 30 in a real world population with type 2 diabetes mellitus
13. A Non-interventional nationwide registry to identify Indian Phenotype characteristics in Diabetes patients in India (IP Registry Study)

## PROFESSIONAL MEMBERSHIPS AND CONTRIBUTIONS

- 1) Life membership of Ahmedabad Medical Association
- 2) Life Membership of Ahmedabad Physicians' Association (APA).
- 3) Held various positions at APA as follows –
  - (i) Executive Committee Member
  - (ii) Joint Treasurer
  - (iii) Treasurer
  - (iv) Joint Secretary
  - (v) Vice President



- (vi) President (1999 – 2000)
- 4) Conducted the highest number of CMEs (Continued Medical Education) programme during his tenure.
  - 5) Life Member of Gujarat Physicians Association (GPA) He was a member of the Executive Committee of GPA for three consecutive years.
  - 6) Life and Academic Member of Research Society for the Study of Diabetics in India RSSDI (Research Society for the Study of Diabetes in India).
  - 7) Joint Organising Secretary for organising two National Conferences in Ahmedabad.
  - 8) Life Members of Hypertensive Society of India He was Organising Secretary of the Conference in 2000
  - 9) Life Member of Cardiology Society of India
  - 10) Organising Secretary of APGCON in 2004 – 05.
  - 11) Panel Referee of General Insurance Companies of India.
  - 12) Member of American Association of Clinical Endocrinologists
  - 13) Member of Endocrine Society

## PARTICIPATION IN CONFERENCES

### ❖ FACULTY

- 1) Diabetes Update 28th To 31st January, 2005- Hong Kong
- 2) 4th Workshop On Inventors Of India 28th To 30th November, 2008- KLMDC, IIM- Ahmedabad
- 3) 37th Annual Meeting Of Research Society For The Study Of Diabetes In India 5th To 8th November, 2009- Ahmedabad
- 4) Current Updates In Clinical Neurology (Chairperson) 15th August, 2010-Ahmedabad
- 5) Third Tier Programme For Ayush Sector 2nd To 6th May, 2011 IIMA
- 6) Diabetes Foot Society Of India (DSFI) 10th Annual Meeting 7Th To 9Th October, 2011
- 7) 5th World Congress Of Diabetes 18th to 21st April, 2013- Kochi
- 8) 6th World Congress Of Diabetes India 9th To 12th April, 2015- Chennai (Tamil Nadu, India)
- 9) Chairperson- Best Of ADA (American Diabetes Association) 10th & 11th November, Ahmedabad
- 10) Chairperson: Best Of ADA India
- 11) Ranbaxy's Research And Dev. In The New Millennium 20th To 24th April, 2000- Bangkok



- 12) Principal Investigator 7th & 8th June, 2005- Rome, Italy
- 13) Dr. V. N. Shah- TRICO- 2006 Administrator 20th to 21st January- 2006
- 14) 'Chalo Gujarat Conclave' by AIANA (Association of Indian Americans of North America), US, 2006.
- 15) Torrent- World Symposium On Cardio Metabolic Medicine 22nd September, 2008- Jordan
- 16) EXIOMM Exchange Of Information On Modern Medicine 27th To 30th September, 2008
- 17) Current Update In Clinical Neurology 15th August, 2010- Ahmedabad
- 18) 66th Annual Conference Of Association Of Physicians Of India- 2011
- 19) Gujarat Critical Care Conference, Ahmedabad. 10th & 11th March, 2012
- 20) International Academy Of Cardio Vascular Society 2012, Shenzhen (China)
- 21) Global Premix Summit 19th April, 2013- Kochi (India)
- 22) BPCON (Blood Pressure Conference of India) 26th To 28th September, 2014
- 23) DIACON -2015 20th to 22nd November, 2015- Ahmedabad
- 24) 43rd Annual Conference Of Research Society For The Study Of Diabetes 30th October To 01st November, 2015- Lucknow (UP)
- 25) U. K. Trade And Investment by Great Britain. June, 2016- New Delhi
- 26) Hematology 5Th Update- 2016 24th & 25th December- Ahmedabad
- 27) CODE(Consensus and Controversies in Diabetes) - 2016 Torrent - Ahmedabad
- 28) DIACON- 2016 2nd To 4th December, 2016- Ahmedabad
- 29) Regional Lilly Diabetes Update- 2016
- 30) 7th World Congress Of Diabetes 23rd To 26th February, 2017 - Delhi
- 31) Speedel As A Principal Investigation London
- 32) 1st Azuka World Symposium On Metabolic Medicine Uzbekistan (Tashkent)
- 33) 2nd Azuka World Symposium On Metabolic Medicine Thailand
- 34) Diabetes Faculty Forum- Sanofi Aventis, 2011. Berlin- Germany



35) 46<sup>th</sup> Annual Meeting of the Research Society for the Study of Diabetes in India-Ahmedabad, India

❖ **DELEGATE**

- 1) 17th International Diabetes Federation 5th To 10th November, 2000 - Mexico
- 2) Annual Meeting of American Diabetes Association 22nd To 28th June, 2001 - Philadelphia (USA)
- 3) Annual Meeting of American Diabetes Association 13th To 17th June, 2003, New Orleans
- 4) 18th International Diabetes Federation (IDF) 24th To 29th August, 2003 - Paris (France)
- 5) 12th NNDU (Novo Nordisk Diabetes Updates) 2003 - Colombo
- 6) Annual Meeting of American Diabetes Association 4th To 8th June , 2004 - Orlando
- 7) 6th International Diabetes Federation 22nd To 26th October, 2005, - Thailand
- 8) HDL Symposia by Ran Baxy 2005 - Bali (Indonesia)
- 9) Annual Meeting of American Diabetes Association 9th To 13th June, 2006 – Washington DC
- 10) International Symposium On Current Issues In Diabetes - 2006
- 11) Best Of ADA India, Ahmedabad. 16th & 17th November, 2006
- 12) PAN Indian Diabetes Conclave 17th To 21st January, 2007
- 13) Annual Meeting of American Diabetes Association 6th To 10th June, 2008 – San Francisco
- 14) 44th European Association Of Study For Diabetes 7th To 11th September, 2008 - Rome, Italy
- 15) 5th World Congress On Prevention Of Diabetes And It's Complications 1st To 4th June, 2008 - Finland
- 16) Best Of ADA India, Ahmedabad. 10th & 11Th November, 2008
- 17) 45th European Association Of Study For Diabetes 2009 - Vienna (Austria)
- 18) International Diabetes Federation 18th To 22nd October, 2009 Montreal (Canada)
- 19) Nidus, 2009 12th August - Cape town, South Africa



- 20) American Diabetes Association- 61st Scientific Sessions 25th To 29th June, 2010 - Orlando
- 21) 46th European Association Of Study For Diabetes 20th To 24th September, 2010 - Stockholm (Sweden)
- 22) AACE (American Association of Clinical Endocrinology) Annual Meeting – April 13 – 17, 2011, San Diego
- 23) NNDU - Novo Nordisk Diabetes Update- 2011
- 24) American Diabetes Association- 61st Scientific Sessions 24th To 28th June, 2011 – San Diego
- 25) 47th European Association Of Study For Diabetes 12th To 16th September, 2011 - Lisbon
- 26) American Association Of Clinical Endocrinology 13th To 17th April, 2011 - San Diego
- 27) 4th Prediabetes And Metabolic Syndrome 6th To 9th April, 2011 - Madrid (Spain)
- 28) 6th DIPSI National Conference Of Diabetes In Pregnancy Study Group In India 26th & 27th February, 2011
- 29) The Endocrine Society's 94th Annual Meeting And Expo. 23rd To 26th June, 2012 - Houston
- 30) 7th World Congress On Prevention Of Diabetes And It's Complications 11th To 13th November, 2012 - Madrid (Spain)
- 31) Europe Society Of Cardiology 2012 - Munich (Germany)
- 32) 49th EASD Annual Meeting (European Association of Study for Diabetes) 23rd To 27th September, 2013, Barcelona, Spain
- 33) The Endocrine Society's 95th Annual Meeting And Expo. 15th To 18th June, 2013 - San Francisco
- 34) The Endocrine Society's 96th Annual Meeting And Expo. 21st To 24th June, 2014 - Chicago
- 35) 24th American Association Of Clinical Endocrinology 13th To 17th May, 2015 - Nashville
- 36) The Endocrine Society's 98th Annual Meeting And Expo. 1st To 4th April, 2016 - Boston (MA)
- 37) American Association Of Clinical Endocrinology 3rd to 7th May, 2017 - Austin
- 40) Highlights - Take Control- Peaks & Valleys Seoul, South Korea.
- 41) American Diabetes Association- 61st Scientific Sessions 22nd To 26th June- Chicago
- 42) American Diabetes Association- 61st Scientific Sessions 9th To 13th June - Washington - DC



43) 47th European Association Of Study For Diabetes 1st to 5th September, Budapest (Hungary)

44) Investigator Meeting by Novo Nordisk-2018 , Athens (Greece)

### CONFERENCES ORGANISED BY DR.V.N. SHAH

1. As a president of Ahmedabad Physicians Association in 1999 – 2000, conducted highest number of CMEs (Continuous Medical Education) programs during his tenure.
2. Organized National Conferences at Ahmedabad as Joint Organizing Secretary of RSSDI (Research Society for the Study of Diabetes in India)
3. Organizing Secretary of Conference of Hypertension Society of India in 2000 – 01.
4. Organizing Secretary of All Gujarat Physicians Association Conference (APGCON) in 2004 – 05 .
5. Organizing Chairman of CODE Conference – Consensus and Controversies in Diabetes in Ahmedabad, 2015.

### AWARDS AND ACCOLADES

Received a number of awards and accolades for excellence in clinical research, incomparable skills of hospital management and philanthropic initiatives. The major achievements are as follows –

- 1) Rotating Lectureship Award by Association of Physicians of Gujarat – 2000
- 2) Awarded as a Patron at OSSICON 2005 organised at Ahmedabad.
- 3) Lectureship Award in the field of Diabetes by Lilly in Singapore – 2006.
- 4) The Prestigious “Pride of Gujarat” award given in ‘Chalo Gujarat’ conclave organised by AIANA (Association of Indian Americans of North America) in New Jersey – 2006.
- 5) ‘Samaj Gaurav Award’ for phenomenal work in his field by Shree Navgam Visanagar Nagrik Samaj at Mumbai, 2007.
- 6) Award of Honour as a National Faculty at the National Obesity Conference, 2007.
- 7) Recognition Award given by Indian Medical Association for being an esteemed faculty during GIMACON in Surat, 2006.
- 8) Award for successful completion of continuous medical education on “Diabetes Management – An Overview” by John Hopkins University – School of Medicine.
- 9) Esteemed Faculty Award at APICON (Association of Physicians of India) 2011, Ahmedabad.
- 10) ‘The Power 100’ award for Business Excellence by Divya Bhaskar (Gujarati daily of Bhaskar Groups), 2011.
- 11) Ratna Award by Sardar Patel Education Trust, Anand, 2015.
- 12) Zydus Hospital received AHPI Award 2016 for the best hospital.
- 13) Zydus Hospital, Anand received the Award for Design Excellence in Building Healthcare by Institute of Indian Interior Designers (IIID), 2016.
- 14) AMA – Metrochem Outstanding Manager Award (2015).





## COMMUNITY ACTIVITIES

- ❖ Since 1983, Dr. Shah has been working as the Honorary Secretary & Trustee of Sarvodaya Higher Education Society, Mansa which is managing 3 colleges; Arts, Science & Commerce. Increased student volume by threefold in 30 years. Personally involved in generating funds > Rs. 3 Crore for this society.
- ❖ Vice President of Maruti Charitable Trust since last 7 years. The trust is managing a school “Saraswati Vidya Mandir”.
- ❖ Charter President of Lions Club of Ghatlodia in 1993-94.
- ❖ District Chairman, Lions Clubs International District 323B in 1994-95 (Portfolio-District Chairman-Sight first).
- ❖ District Chairman, Lions Clubs International District 323B in 1995-96 (Portfolio-District Chairman-Community Betterment).
- ❖ District Chairman, Lions Clubs International District 323B in 1996-97 (Portfolio-Zone Chairman)

## PHILANTHROPY

1. Sarvodaya Higher Education Society
2. Honorary Secretary and Trustee (1983 – till date)
3. Maruti Charitable Trust – Trustee (2000 – till date)
4. Justice on Trial – (2004 – till date)
5. Public Awareness
6. Other Social Engagements – (2000 till date)
7. Charter President of Lions Club of Ghatlodia 1993–94.
8. District Chairman, Lions Clubs International District 323B, 1994-95, 1995-96, 1996-97 (Portfolio Zone Chairman)
9. Chairman – Community betterment (Lions Club)